

Dorado Academy

Protocol for General Prevention Measures against the H1N1 Virus (Swine Flu)

What is H1N1 (swine) flu?

H1N1 (referred to as “swine flu”) is a new influenza virus causing illness in people. This new virus was first detected in people in the United States in April 2009. Other countries, including Mexico and Canada, have reported people sick with new virus. This virus is spreading from person to person, probably in much of the same way that regular seasonal influenza viruses spread.

Symptoms of H1N1 (swine) flu.

- Fever
- Headache
- Sore throat and cough
- Runny nose
- Fatigue
- Body Aches
- Nausea, vomiting and diarrhea

Recommendations:

- Emphasize the proper washing of hands using soap or any kind of rubbing alcohol or antiseptic for 20 seconds.
- Avoid touching your eyes, nose and mouth.
- Covering mouth and nose with a disposable tissue when coughing or sneezing. If disposable tissue is not available, cough or sneeze into the inside of your elbow.
- If students or employees have symptoms associated with the flu or flu, they must consult a doctor and stay at home 24 hours after the symptoms have disappeared.
- Teachers should be alert to the signs and symptoms of students to prevent this condition.

Steps to take if a student doesn't feel well or is sick in school.

- Immediately take the student to the school nurse.
- The school nurse will immediately notify the student's parents and inform them that they must take their child home.

- The student will remain in the First Aid Room until he is picked up.
- Parents of sick children are to keep them at home until 24 hours after symptoms have disappeared (approximately eight days).

Steps that Dorado Academy will be enforcing as prevention habits against the H1N1 (swine) flu.

- Place hand sanitizers everywhere (all classrooms, cafeteria, basketball court, libraries and offices).
- Place antibacterial soap in bathrooms.
- Maintain all areas clean that students and employees have constant contact with. (Tables, desks, etc.)
- Give orientation to all employees (signs of symptoms and preventive measures).
- Give orientation to all students (signs of symptoms and preventive measures).
- Give orientation to parents during orientation days (signs of symptoms and preventive measures).
- Track the number of students and staff absent.
- Closely monitor those students who appear sick or do not feel well, they will not be permitted to enter the classroom.
- All sick children and employees will be sent home.
- Will send informative e-mail to parents to inform them of symptoms and preventive measures.
- Will issue flyers of preventive measures.